

Recommended Materials List for Doug Braithwaite Workshop

- **Painting surfaces.** My favorite size for painting outside is small, 5x7 6x8 or 8x10. I would rather put a lot into something small than a little into something big. We will paint on approximately one or two surfaces per day. I like to paint on medium density fiberboard (MDF), Centurion OP DLX oil primed canvas boards, and most recently, have been enjoying painting on a “canvas paper” made by Canson that I tape to a larger board which sits on my easel.
- To prepare the MDF surfaces: I will provide surfaces for everyone for class but if you would like to make your own this is how.
 - Surfaces should be covered with at least two or more coats of good quality gesso. I use the professional grade of Gesso – Utrecht Brand – I dilute it by adding about 30% of the gesso volume with water and then add black acrylic paint (about 4 T to ½ gallon) to get a light gray.
 - The first three coats of gesso should be applied with a brush in varying directions to create a “canvas weave.” The additional coats, up to 10 coats total, can be applied with a rubber-edged window squeegee. At this point, you’re only adding a small amount of gesso per application, and eventually they will fill in the texture until you get a smooth surface. Prepping a board to this stage will offer the best results in the class. However, I will try to work with whatever surface you bring.
- **Outdoor field easel.** There are many to choose from and I have made many different homemade easels over the years but right now I am painting on one made by Josh Been called the "Day tripper" with a plexi glass palette. It is very light and compact, great for hiking. I have seen many good setups including French easels, Strada, etc., all will work depending on what you like. A good set up to me has a place to attach your painting, an attached pallet, and a place to hold brushes, turp, liquin, and paper towels. Wind is sometimes a problem so something that can be weighed or tied down is helpful.
- **Paints.** Titanium White, Yellow Ochre, Cad Yellow Light, Cad Orange, Cad Red light, Alizarin Crimson permanent, Ultra Marine Blue, Phthalo Blue, Phthalo Green, Asphaltum, Dioxazine Purple, Transparent Red Oxide, and Davies Grey. I would recommend getting good paints and not buying the student grade. All of my paints are Utrecht brand with the following exceptions: Titanium White is from Windsor Newton, Asphaltum is from Gamblin, Transparent Red Oxide is from M. Graham and Co.
- **Odorless paint thinner** and two containers (like baby food jars) that can be sealed. This makes it possible to pour clean turp into a clean bottle once it has settled. Must be able to fit on your palette.
- **Liquin** painting medium and a container (like a baby food jar) that can be sealed. This way you can put a little liquin in a jar on your palette.
- **Bleached Linseed or Walnut oil** – a small bottle. I use this to mix with liquin to slow down the paint drying time. This will help to keep the painting open when the weather is hot.
- **Brushes.** On this type of surface, the softer brushes give much better results. I like watercolor brushes-- anywhere from starting at 1/16", 1/8", ¼", ½" to ¾" – I have a variety of sizes. I usually buy the synthetic brushes. I also like to have a couple of bristle brushes ¼ to ½".
- **A 1-2" palette knife** is essential for mixing and painting.
- **Paper towels** for cleaning
- **Garbage sacks** like plastic grocery bags to carry out dirty paper towels (one for every painting we do).
- **Hat and sun block**
- **Bug repellent**
- **Water container for drinking**

I have found these supplies to be very responsive to almost all situations outside and highly recommend them but remember, this is just a suggested list of materials (I will explain why I like this palette at the first demo) and you are welcome to use what you have or like.

If you have any questions regarding anything (surface preparations, directions, etc.) please feel free to call me on my cell phone at 801-725-5136.

Doug